

INVITATION
International Cup of Clubs
in
TEAMGYM

Plzen 19.4.2025, Czech Republic

With support of

Sportovní  **Plzeň**

A/ General Information

1. *Organizer:* FLIK – FLAK Plzeň, z.s.,
2. *Date:* 19.4.2025
3. *Venue:* Sportovní hala města Plzně, TJ Lokomotiva Plzeň, hall 1 – [visit web page here](#)
Uslavská 75, 326 00 Plzeň, Czech Republic

Note: parking nearby the venue

4. *LOC (to be confirmed within Workplan):*

Competition director	Mgr. Petra Lisecová
Executive	Libor Pecenka
<u>Contact e-mail:</u>	p.lisecova@gmail.com

5. *Registration:*

Preliminary registration till 7. 3. 2025

Registration to be provided as follows:

Via google form: <https://forms.gle/Su9SZK3ZeKf1XSWw8>

7. *Accommodation:*

Booked and covered by teams. (Nearby hotels: [Hotel Trend](#), [Hotel Plzeň](#), [Hotel Primavera](#))

8. *Meals:*

It will be possible to order meals (the form will be provided). There is also buffet at the venue. Refreshment for judges to be ensured by organizer.

9. *Travel costs:*

Covered by teams.

11. *Important dates:*

Registration and names of judges	21. 3. 2025
Payment of entry fee to NF account	21. 3. 2025
Providing music and Tariff forms	11. 4. 2025
Drawing of starting order	5. 4. 2025

B/ Technical statements

12. *Regulations:*

According to:

- International Cup of Clubs TeamGym Technical Regulations 2025
- Statements in this Invitation and Work Plan

13. *Apparatus:*

TEAM	MICROTEAM
Floor	Tumble
Tumble	Trampet
Trampet	

14. *Competition Equipment:* Following equipment to be available at competition hall

Carpet for Floor 16 x 14 m (14 x 14 m)

Tumble track 15 m, run up 16 m, landing area, additional landing matt.

Trampets Dorado 40 („red“), MD Super G 36, Eurotramp 32 Open-Ended“, run-up 25 m, landing area, additional matt.

Vaulting table 130 – 165 cm

Height of the vaulting table and height of the selected trampet to be provided at accreditation.

15. *Warm up:* Possible at dedicated separated place at the competition hall, prior organized trainings.
16. *Participants:* Gymnasts that have been selected for National Team to participate at the last two (2) TeamGym European or Continental Championships are **not allowed to compete in respective ICC cycle.**
17. *Teams:* Each gymnast can compete only in one team and one category and section.
- Age categories**
- YOUTH II:** from 8 to 10 years (**born 2014 - 2017**)
YOUTH I: from 11 to 13 years (**born 2011 - 2013**)
JUNIOR: from 14 to 16 years (**born 2010 - 2008**)
SENIOR: 17 years and older (**born 2007 and older**)
OPEN: 8 years and older (**born 2016 and older**)
- The gymnasts have the right to participate if they reach the determined min/max age during the year of the competition.
- Size of the teams:**
- TEAM: 6-10 gymnasts**, gymnasts may represent maximum three clubs and be part of one team and competition (the same gymnast cannot participate in TEAM and MICROTEAM competition).
- MICROTEAM: 3-5 gymnasts** may represent maximum three clubs and be part of one team and competition.
18. *Entry fee:* **Team competition – 240 EUR per each team**
MicroTeam – 120 EUR per each team
Payment via bank transfer to the account (**NO PAYMENT required based on pre-liminary registration!**)
19. *Objections:* According International Cup of Clubs TeamGym Technical Regulations 2025.

Mgr. Petra Lisecová

In Plzen 21. 2. 2025