GARA L3 16:00

4 MIN PROVA A SQUADRA A FLOOR a SEGUIRE GARA Squadra G1 (Yuppies) 16:00 prova – 16:04 gara Squadra senior (Flyer) 16:08 prova – 16:12 gara

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|  | TRAMPOLINO | TUMBLING |
| 16:20 | Squadra G1 (yuppies)  3 ind G2 ( yuppies) PROVA |  |
| 16:28 | Squadra G1 (yuppies)  3 ind G2 ( yuppies) GARA | Squadra senior (flyer)  Trio junior ( flyer) PROVA |
| 16:36 | Trio G1 (voltana)  2 ind G1(new team) PROVA | Squadra senior (flyer)  Trio junior ( flyer) GARA |
| 16:42 | Trio G1 (voltana)  2 ind G1(new team) GARA | Squadra G1 (yuppies)  3 ind G2 ( yuppies) PROVA |
| 16:50 | Squadra senior (flyer)  Trio junior ( flyer) PROVA | Squadra G1 (yuppies)  3 ind G2 ( yuppies) GARA |
| 16:58 | Squadra senior (flyer)  Trio junior ( flyer) GARA | Trio G1 (voltana)  2 ind G1(new team) PROVA |
| 17:50 | Trio G1 (passion 360)  Trio G2 A (passion 360) PROVA | Trio G1 (voltana)  2 ind G1(new team) GARA |
| 17:58 | Trio G1 (passion 360)  Trio G2 A (passion 360) GARA | Trio junior femm(voltana)  Trio junior mix (voltana) PROVA |
| 18:06 | Trio junior (planet)  Trio junior (gymnova) PROVA | Trio junior femm(voltana)  Trio junior mix (voltana) GARA |
| 18:14 | Trio junior (planet)  Trio junior (gymnova) GARA | Trio G1 (passion 360)  Trio G2A (passion 360) PROVA |
| 18:22 | Trio junior femm(voltana)  Trio junior mix (voltana) PROVA | Trio G1 (passion 360)  Trio G2 A (passion 360) GARA |
| 18:30 | Trio junior femm(voltana)  Trio junior mix (voltana) GARA | Trio junior (planet)  Trio junior (gymnova) PROVA |
| 18:38 | Trio junior A (new team)  Trio junior B (new team) PROVA | Trio junior (planet)  Trio junior (gymnova) GARA |
| 18:46 | Trio junior A (new team)  Trio junior B (new team) GARA | Trio G2 B (passion 360)  Trio junior (passion 360) PROVA |
| 18:54 |  | Trio G2 B (passion 360)  Trio junior (passion 360) GARA |
| 19:04 |  | Trio junior A (new team)  Trio junior B (new team) PROVA |
| 19:12 | Trio G2B (passion 360)  Trio junior (passion 360) PROVA | Trio junior A (new team)  Trio junior B (new team) GARA |
| 19:20 | Trio G2 B (passion 360)  Trio junior (passion 360) GARA |  |
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AL TERMINE PREMIAZIONE.

DOMENICA 19 MARZO OGNI INDIVIDUALE , TRIO , SQUADRA RISCALDAMENTO LIBERO NELLA PALESTRA ADIACENTE 30 ‘ PRIMA

L2

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|  | TRAMPOLINO | FLOOR | TUMBLING |  |
| 9e30 | 1 Squadra (voltana) 1 trio G1 (new team) 2 ind. G1 (planet) | 1 trio (gymnova) 1 squadra (gymnova)  2 ind G1 ( atletic) | 3 trii (arcobaleno) | PROVA |
| 9e40 | 1 Squadra ( voltana ) 1 trio G1 (new team) 2 ind. G1 ( planet ) | 1 trio (gymnova) 1 squadra (gymnova)  2 ind G1 ( atletic) | 3 trii (arcobaleno) | GARA |
| 9e50 | 3 trii (arcobaleno) | 1 Squadra (voltana) 1 trio G1 (new team)  2 ind. G1 ( planet ) | 1 trio (gymnova) 1 squadra (gymnova)  2 ind G1 ( atletic) | PROVA |
| 10 | 3 trii (arcobaleno) | 1 Squadra (voltana) 1 trio G1 (new team)  2 ind G1 (planet ) | 1 trio (gymnova) 1 squadra (gymnova)  2 ind G1 ( atletic) | GARA |
| 10:10 | 1 trio (gymnova) 1 squadra (gymnova)  2 ind G1 ( atletic) | 3 trii (arcobaleno) | 1 Squadra (voltana) 1trio G1 (new team)  2 ind. G1 (planet ) | PROVA |
| 10:20 | 1 trio (gymnova) 1 squadra (gymnova)  2 ind G1 ( atletic) | 3 trii (arcobaleno) | 1 Squadra (voltana) 1 trio G1 (new team)  2 ind. G1 ( planet ) | GARA |

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|  | TRAMPOLINO | FLOOR | TUMBLING |  |
| 10:30 | Squadra junior (flyer) Squadra G2 (new team 3 individuale G1e G2 (new team,flyer,atletic) | 4 trii ( olimpia ) | Squadra G2 (gymnastx) trio open (CFFS) Trio open (ibis) | PROVA |
| 10:45 | Squadra junior (flyer) Squadra G2 (new tea) 3individuale G1e G2 (new team,flyer,ateltic) | 4 trii ( olimpia ) | Squadra G2 (gymnastx) trio open (CFFS) Trio open (ibis) | GARA |
| 11:00 | Squadra G2 (gymnastx) trio open (CFFS) Trio open (ibis) | Squadra junior (flyer) Squadra G2 (new team) 3individuale G1 e G2 (new team,flyer,atletic) | 4 trii ( olimpia ) | PROVA |
| 11:15 | Squadra G2 (gymnastx) trio open (CFFS) Trio open (ibis) | Squadra junior (flyer) Squadra G2 (new team) 3 individuale G1eG2 (new team,flyer , atletic) | 4 trii ( olimpia ) | GARA |
| 11:30 | 4 trii (olimpia ) | Squadra G2 (gymnastx) trio open (CFFS) Trio open (ibis) | Squadra junior (flyer) Squadra G2 (new team) 3 individuale G1 e G2 (new team,flye,atletic)r | PROVA |
| 11:45 | 4 trii ( olimpia ) | Squadra G2 (gymnastx) trio open (CFFS) Trio open (ibis) | Squadra junior (flyer) Squadra G2 (new team) 3 individuale G1 e G2 (new team,flyer,atletic) | GARA |

Al termine Premiazione

L1 e CRITERIUM

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|  | TRAMPOLINO | FLOOR | TUMBLING |  |
| 12:15 | 1 trio G2 (voltana) 1 trio G2 (planet)  1 trio Open (olimpia) | 2 BABY (olimpia) 1 trio baby ( Flyer)  2 ind G2 ( ibis )  2 ind G1 (atletic) | 3 Trio G2 a b c (new generation) | PROVA |
| 12:25 | 1trio G2 (voltana) 1trio G2 (planet)  1 trio open (olimpia) | 2 BABY (olimpia) 1 trio baby ( Flyer)  2 ind G2 (ibis)  2 ind G1 (atletic) | 3 trio G2 a b c (new generation) | GARA |
| 12:35 | 3 trio G2 a b c (new generation) | 1 trio G2 (voltana) 1 trio G2 (planet)  1 trio open (olimpia) | 2 BABY (olimpia) 1 trio baby ( Flyer)  2 ind G2 (ibis)  2 ind G1 (atletic) | PROVA |
| 12:45 | 3 trio G2 a b c (new generation) | 1 trio G2 (voltana) 1 trio G2 (planet)  1 trio open (olimpia) | 2 BABY (olimpia) 1 trio baby ( Flyer)  2 ind G2 (ibis)  2 ind G1 (atletic) | GARA |
| 12:55 | 2 BABY (olimpia) 1 trio baby ( Flyer)  2 ind G2 (ibis)  2 ind G1 (atletic) | 3 trio G2 a b c (new generation) | 1 trio G2 (voltana) 1 trio G2 (planet)  1 trio open (olimpia) | PROVA |
| 13:05 | 2 BABY (olimpia) 1 trio baby ( Flyer)  2 ind G2 (ibis)  2 ind G1 (atletic) | 3 trio G2 a b c (new generation) | 1 trio G2 (voltana) 1 trio G2 (planet)  1 trio open (olimpia) | GARA |

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|  | TRAMPOLINO | FLOOR | TUMBLING |  |
| 13:15 | 1squadra G2 (flyer)  1squadra G1 (voltana)  1 ind G1 (flyer)  1 trio G1 (atletic) | 1 squadra G2 ( gymnova)  2 trio G2a b ( ibis)  1 trio G2 (gymnastx) | 1 trio open (new generation)  7 ind G1 e G2 e J ( new generation, planet ) | PROVA |
| 13:30 | 1squadra G2 (flyer)  1squadra G1 (voltana)  1 ind G1 (flyer) | 1 squadra G2 ( gymnova)  2 trio G2a b ( ibis)  1 trio G2 (gymnastx) | 1 trio open (new generation)  7 ind G1 e G2 J ( new generation, planet ) | GARA |
| 13:45 | 1 trio open (new generation)  7 ind G1 e G2 J (new generation ,planet ) | 1squadra G2 (flyer)  1squadra G1 (voltana)  1 ind G1 (flyer) | 1 squadra G2 ( gymnova)  2 trio G2a b ( ibis)  1 trio G2 (gymnastx) | PROVA |
| 14:00 | 1trio open (new generation) 7 ind G1 e G2 J ( new generation, planet ) | 1squadra G2 (flyer)  1squadra G1 (voltana)  1 ind G1 (flyer) | 1 squadra G2 ( gymnova)  2 trio G2a b ( ibis)  1 trio G2 (gymnastx) | GARA |
| 14:15 | 1 squadra G2 ( gymnova)  2 trio G2a b ( ibis)  1 trio G2 (gymnastx) | 1 trio open (new generation) 7 ind G1eG2 e J(new generation ,planet) | 1squadra G2 (flyer)  1squadra G1 (voltana)  1 ind G1 (flyer) | PROVA |
| 14:30 | 1 squadra G2 ( gymnova)  2 trio G2a b ( ibis)  1 trio G2 (gymnastx) | 1 trio open (new generation) 7 ind G1 e G2 e J( new generation, planet ) | 1squadra G2 (flyer)  1squadra G1 (voltana)  1 ind G1 (flyer) | GARA |

Al termine Premiazione

GARA L4 15:00

4 MIN PROVA A SQUADRA A FLOOR a SEGUIRE GARA Squadra senior (flyer) 15:00 riscaldamento - 15:04 gara Squadra open (gymnastx) 15:08 riscaldamento -15:12 gara Squadra open (fly gym) 15:16riscaldamento - 15:20 gara

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|  | TRAMPOLINO | TUMBLING |
| 15:30 | Squadra senio ( flyer)  Squadra open ( gymnastx) PROVA  Trio open A (omnia)  Trio open B (omnia) |  |
| 15:45 | Squadra senio ( flyer)  Squadra open ( gymnastx) GARA  Trio open A (omnia)  Trio open B ( omnia) | Squadra open (fly gym)  Trio open A (cffs)  Trio senior (cffs) PROVA  Trio open (ibis) |
| 16:00 | Trio senior mix(gymnova)  Trio senior mix (voltana)  Trio junior (gymnova) PROVA  Trio junior (nuova olimpia) | Squadra open (fly gym)  Trio open A (cffs)  Trio senior (cffs) GARA  Trio open (ibis) |
| 16:15 | Trio senior mix(gymnova)  Trio senior mix (voltana)  Trio junior (gymnova) GARA  Trio junior (nuova olimpia) | Squadra senio ( flyer)  Squadra open ( gymnastx)  Trio open A ( omnia) PROVA  Trio open B (Omnia) |
| 16:30 | Squadra open (fly gym)  Trio open A (cffs)  Trio senior (cffs) PROVA  Trio open (ibis) | Squadra senio ( flyer)  Squadra open ( gymnastx) GARA  Trio open A ( omnia)  Trio open B (Omnia) |
| 16:45 | Squadra open (fly gym)  Trio open A (cffs)  Trio senior (cffs) GARA  Trio open (ibis) | Trio senior mix(gymnova)  Trio senior mix (voltana)  Trio junior (gymnova) PROVA  Trio junior (nuova olimpia) |
| 17:00 | Trio G1 (gymnastx)  Trio G1 (nuova olimpia) PROVA  Trio G1 (new team)  Trio G1 ( gymnova | Trio senior mix(gymnova)  Trio senior mix (voltana)  Trio junior (gymnova) GARA  Trio junior (nuova olimpia) |
| 17:15 | Trio G1 (gymnastx)  Trio G1 (nuova olimpia) GARA  Trio G1 (new team)  Trio G1 ( gymnova |  |
| 17:30 |  | Trio G1 (gymnastx)  Trio G1 (nuova olimpia)  Trio G1 (new team) PROVA  Trio G1 ( gymnova |
| 17:45 |  | Trio G1 (gymnastx)  Trio G1 (nuova olimpia) GARA  Trio G1 (new team)  Trio G1 ( gymnova |

Al termine PREMIAZIONE