

Men ☐ Women ☐ Mixed ☐Junior ☐Senior ☐

Team: Club:



TeamGym

Composition (own score) - 4.00			Execution (own score) - 10.0					
		C-score	Wrong No. of gymn.	Dynamic execution	Choreo Requirem.	Planes	↔	E-score
Flexibility element (F) -1.0			Precision in Form.	Amplitude / extension	6 different form.	Planes	↑	
Group element (G) - 1.0			Transitions	Balance / control	Large formation	Directions	< >	
Rhythmic sequence (RS) - 1.0			Synchronisation	Fall	Small formation	Directions	^	
Difficulty Distribution (DD) - 1.0			Uniformity	Line violations	Moving curve f.	Directions	∨	
			Perform D+F elements	Movements to music		Bonus		
Formations	Code	Symbol	Composition	Execution	Difficulty (own score) - open			
1					Balance Elements			
					HB1001			
					DB			
2					SB			
					DB/SB/HB			
					Total value			
3					Jumps / Leaps / Hops			
					JUMP 1			
					JUMP 2			
4					JUMP 3			
					Total value			
					Acrobatic elements			
5					ACRO 1			
					ACRO 2			
					Total value			
6					Combination			
					ELEM. 1			
					ELEM. 2			
7					Total value			
					DV			
					D-score			
8					Head Judge Deductions			
					Team's Apparatus Score			
9								